



Winchester

## Fibromyalgia Support

Helping each other to help ourselves

Meetings every third Monday of the month at Badger Farm Community Centre, 11 -1pm. £2.00. Disabled access. Open to sufferers of FM, carers, partners and family. Make friends, relax and chat; hear professional speakers; help yourself to manage this debilitating condition better. Working with national charity FMA UK.

For more info please call 0845 3452678 and visit

[www.fibromyalgia-associationuk.org](http://www.fibromyalgia-associationuk.org)