

In recent years an increasing number of people from all walks of life have shown an interest in Spiritual Healing. Everyone walking through the doors of Eastleigh Spiritualist Church will receive a warm welcome.

The purpose of this leaflet is to answer some frequently asked questions and explain a little of what to expect when you come along to our healing sessions.

Spiritual healing is not new — it is age old. Every civilisation in the world from the most primitive to the most highly sophisticated, has at some point in its evolution, become conscious of the natural healing potential which surrounds, not only man but every expression of life force. Being at one with the life force the Healing Intelligence recognises none of the artificial barriers of race, colour or creed which man has erected. Nor can the gift of being a spiritual healing channel be regarded as the prerogative of any religion or group of people. Truly universal, both in concept and in purpose, healing is as much a part of the Jewish, Hindu, Buddhist or Islamic way of life as it is of the Christian way of life or any other spiritually motivated way of life.

Frequently asked questions

What is the SNU?

Spiritualist National Union of Churches

What is a healer?

A healer is an instrument through which spiritual healing energies are channelled to the patient. A SNU spiritual healer is a person who practices spiritual healing in accordance with the teachings and philosophy of SNU Spiritualism.

Is SNU spiritual healing, faith healing?

To some, spiritual healing is synonymous with “Faith Healing” and the belief that it is necessary to possess an abundance of religious faith in order to benefit from spiritual healing has been perpetuated down the centuries. This has no real basis. Other, and more important factors are involved, and if we were to accept that “Faith” is the only yardstick by which the success of spiritual healing can be measured we would in effect be saying to many people “you are not worthy to be healed”.

Such a statement, in common with the belief that leads to it, is without foundation, and we are repeatedly reminded by the evidence seen with our own eyes that religious faith alone is no criteria for the success or failure of spiritual healing.

In the example of young children or animals none of the recipients can be said to possess “Faith” and yet the fact remains that they can and do, respond to the healing energies.

You may come along at any point during the Healing Session opening times.

We do ask that you try not to arrive more than 15 minutes before we open or any later than 20 minutes before the end to allow us time to prepare the church and finish on time.

Please **turn mobile phones off** before you enter the church, because we do not have a separate reception area, please respect other patients by not talking whilst they are receiving healing, *thank you.*

Tea & Coffee is available upstairs

www.snu.org.uk

Eastleigh Spiritualist Church, Grantham Road, Eastleigh, SO50 5PU , DIRECTIONS:from car park nr Texaco Garage in Southampton Road, turn right, walk towards town centre, turn left into Grantham road just past shop and sign for B&B, Church on right hand side.

Sunday Service 6.30pm

Please arrive at least 5 minutes before

Tuesday Healing

1.30-3.00pm

&

7.30-8.45pm

Wednesday Awareness 7.30pm

Please arrive at least 5 minutes before

Special Events as advertised

Saturday Special

On the first Saturday of each month
We will be open from 11.00am – 3.00pm
for healing, clairvoyant readings or a cuppa and a chat.

Marriages, Naming Ceremonies & Funeral Services

All Church Enquiries Tel: 023 8025 3832

Healing Enquiries Only Tel: 023 8026 8034

Or email:purplehealeruk@yahoo.co.uk

**EASTLEIGH
SPIRITUALIST**

CHURCH

HEALING

**Some information
about our
healing sessions
and some
frequently asked
questions**

I am not a Spiritualist can I still have healing from a SNU spiritual healer?

Yes of course, everyone is welcome.

Will the spiritual healer want to discuss my religious beliefs or try to get me to become a Spiritualist?

No not at all, We do open and close the healing session in prayer but anyone of any or even no religion will be made very welcome at our church.

You will not be expected to discuss what your personal beliefs are and the healer will not instigate a chat about religion, if however you bring up the subject of Spiritualism and have any questions we will of course discuss these with you, at the end of the healing session.

Do SNU spiritual healers have training?

Yes, all SNU registered healers undergo a two year training period, during which time they undertake educational courses on healing. Following the two years they undergo a practical assessment to ensure that they have attained acceptable standard of presentation and conduct. They can then if they wish further their studies.

Are all SNU Healers registered?

Yes, to make sure that the Spiritual healer is in fact registered with the SNU ask to see their current registration card. These are renewable every year and carry an expiry date.

Is there a Code of Conduct for Spiritual Healers?

Yes, all SNU registered healers must work in accordance with the SNU Healing Code of Conduct and the Law. This covers all legal and ethical aspects appertaining to the application of spiritual healing.

Can a healer guarantee a cure?

No one can guarantee a cure of any disease or condition, be it healer, doctor, or other types of therapy. However there have been thousands of cases where patients have shown an improvement.

What is absent healing?

You may hear mentioned four different methods of healing, these are:

Contact Healing: this is where the spiritual healer places their hands either on or near to a patient, while ensuring there is no cause for embarrassment.

Near To The Body Healing: is where the spiritual healer does not touch the patient but administers healing by placing their hands within three inches of the body.

Distant Healing: is where the patient is in the same room as the spiritual healer but not necessarily near them.

Absent Healing: is where the patient is not physically present but healing thoughts are extended to them. It is often requested by patients who cannot attend or by people for their friends and loved ones, whom for whatever reason do not want to attend.

Is healing an alternative therapy?

No, healing is complementary. The patient is **NEVER** encouraged to stop orthodox treatment, indeed if the patient has not seen their GP they are encouraged to do so.

Some SNU spiritual healers also work in GP's surgeries and do hospital visits. (ask the healing leader for information).

Do healers charge for their services?

If you are coming along to the healing session at the church all the healers working do so on a voluntary basis, however you may make a freewill donation if you wish, in order to keep the church open. If you are requesting a healer visit you in your own home, you are advised to ask the healer about fees before making the appointment.

Will any records of my visit be kept?

All patients are asked to fill out a record card. Anyone under the age of 18 must come along with a parent or guardian who must sign a consent form and anyone wishing to bring along their pet for healing may do so but must seek the permission of their vet beforehand and sign a consent form confirming they have done so. We are required by the Code of Conduct to make sure these records are kept. All details on record cards remain confidential in accordance with the Data Protection Act. The patient will read what has been written on their cards after each visit and sign to confirm it is a true record.

We have trainee healers at each session who are at various stages of their healing training course and are allowed to give healing with the full supervision of the healing group leader or supervisor.

You will be asked at each visit if you have any objection to receiving healing from a trainee. Patients are always given the choice and of course can choose to have their healing from an approved healer. The trainee will not take offence. You of course may ask for a healer who is of the same gender as yourself, if there is not one available you can opt for distant healing if that would make you feel more comfortable.

Whilst we do try to respect patients' privacy, healing is given in an open room and if you wish to speak to the healer confidentially we do ask that you wait until the end of the session, when the other patients have left to do so (2 healers do have to be present).

Please be aware that spiritual healers are not counsellors or medical practitioners and cannot offer advice as such.

You will not be asked to remove any item of clothing with the possible exception of an outer coat, and then only for your comfort. Neither will you be asked to remove glasses, hearing aids etc but you may do so if you would feel more comfortable.

Some patients ask if there is anything to fear from healing, the short answer is no. many patients when they first visit are feeling apprehensive but the complete naturalness of healing quickly dispels any fears or doubts patients may have had.

You are very welcome to come along as often as you wish. The healing process often requires a period of time to achieve the maximum effect. It is advisable to maintain regular visits, but where this is not possible you can ask for your name to be added to the 'absent healing' list. Some patients find that they benefit from coming along weekly, and others come along when ever they feel the need.

We hope that you have a pleasurable experience here at Eastleigh Spiritualist Church. If you have any questions please do not hesitate to ask the healing group leader or one of the trainees.

The SNU Healing Committee have a booklet available to purchase for a small cost called HEALING! SOME QUESTIONS ASKED BY PATIENTS.